

Sample Menu

Resident's have a choice at each mealtime. We accommodate everyone's dietary and nutritional needs.



Breakfast

A selection of cereals or porridge
Traditional English Cooked Breakfast
Fruit Juice
Tea or Coffee

Lunch

Roast Lamb with minted gravy
Or
Salmon Filet in white wine and dill sauce
Served with potatoes & seasonal vegetables

Desserts

Treacle sponge and custard
Fresh Fruit salad

Afternoon Tea

Tea or Coffee
Variety of Biscuits & cakes
Fresh Fruits/Yogurts

Supper

Fresh soup
A Selection of sandwiches
Quiche with seasonal salad
Assorted yogurts / fresh fruit / cheese & crackers / assorted ice cream

Hot and cold beverages are available throughout the day.